



## Challenge Course Release/Indemnification of all Claims and Covenant Not to Sue

**NOTICE: THIS IS A LEGALLY BINDING AGREEMENT.** By signing this agreement, you give up your right to bring a court action to recover compensation or obtain any other remedy for any injury to yourself or your property or for your death however caused arising out of your use of the challenge course, now or any time in the future.

### Acknowledgment of Risk

I HEREBY ACKNOWLEDGE AND AGREE that the use of the challenge course (hereinafter referred to as the challenge course) has *inherent risks*. I have full knowledge of the nature and extent of all the risks associated with the use of the challenge course, including but not limited to:

1. All manner of injury resulting in falling off the challenge course and hitting projections, whether permanently or temporarily in place, or the floor;
2. Rope abrasion, entanglement and other injuries resulting from activities on or near the challenge course such as, but not limited to, climbing, belaying, rappelling, lowering on rope, rescue systems, and any other rope techniques;
3. Injuries resulting from falling climbers or dropping items, such as, but not limited to, ropes or climbing hardware;
4. Cuts and abrasions resulting from skin contact with the challenge course;
5. Failure of rope, slings, harnesses, climbing hardware, anchor points, or any part of the challenge course structure.

I further acknowledge that the above list is not inclusive of all possible risks associated with the use of the challenge course and that the above list in no way limits the extent or reach of this release and covenant not to sue.

### Release/Indemnification and Covenant Not to Sue

In consideration of my use as a participant of the challenge course, I, \_\_\_\_\_, the undersigned user, agree to release and on behalf of myself, my heirs, representatives, executors, administrators, and assigns, HEREBY DO RELEASE Southern District YMCA / Camp Lincoln, its officers, agents, and employees from any cause of action, claim, or demand of any nature whatsoever, including but not limited to, a claim of NEGLIGENCE, which I, my heirs, representatives, executors, administrators and assigns may now have, or have in the future against Southern District YMCA / Camp Lincoln on account of personal injury, property damage, death or accident of any kind, arising out of or in any way related to my use of the challenge course whether that use is supervised or unsupervised, however the injury or damage is caused, including, but not limited to the NEGLIGENCE of Southern District YMCA / Camp Lincoln, its officers, agents, and employees.

In consideration of my use of the challenge course, I, the undersigned user, agree to INDEMNIFY AND HOLD HARMLESS Southern District YMCA / Camp Lincoln, its officers, agents, and employees from any and all causes of action, claims, demands, losses, or costs of any nature whatever arising out of or in any way related to my use of the challenge course.

I hereby certify that I have full knowledge of the nature and extent of the risks inherent in the use of the Southern District YMCA / Camp Lincoln, Inc. ■ PO Box 729 / 67 Ball Road Kingston, New Hampshire 03848  
603-642-3361 Fax: 603-642-4340 [www.ymcacamplincoln.org](http://www.ymcacamplincoln.org)

challenge course and that I am voluntarily assuming the risks. I understand that I will be solely responsible for any loss or damage, including death, I sustain while using the challenge course and that by this agreement Southern District YMCA / Camp Lincoln of any and all liability for such loss, damage, or death.

I further certify that I am in good health and that I have no physical limitations which would preclude my safe use of the challenge course.

I further certify that my date of birth is \_\_\_\_\_ (month/date/year), that my present age is \_\_\_\_\_, and that I am therefore of lawful age (18 years or older) and otherwise legally competent to sign this agreement or can provide the signature of my legal parent / guardian. I further understand that the terms of this agreement are legally binding and certify that I am signing this agreement, after have carefully read it, of my own free will.

IN WITNESS WHEREOF, this instrument is duly executed at Southern District YMCA / Camp Lincoln this \_\_\_\_\_ day of \_\_\_\_\_, in the year \_\_\_\_\_.

\_\_\_\_\_  
Challenge course User's Signature

\_\_\_\_\_  
Challenge course User's Name (Print Clearly)

\_\_\_\_\_  
Witness' Signature

\_\_\_\_\_  
Witness' Name (Print Clearly)

\_\_\_\_\_  
Parent/Guardian if user is under 18

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YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.